



# RHESUS INCOMPATIBILITY

## KNOW YOUR BLOOD TYPE

Women with a negative blood type are at risk for developing Rhesus Incompatibility (Rh Disease). Rh Disease can cause jaundice, anemia, stillbirth, lifelong disabilities or death of the baby.



**Thankfully, you can protect your baby from Rh Disease by following these steps:**



### FIND OUT YOUR BLOOD TYPE

Pharmacies, dispensaries, and hospitals have blood typing services available



### RH IMMUNOGLOBULIN

Make sure you receive Rh Immunoglobulin (also called Anti-D injection) at 28 weeks and within 72 hours after giving birth.



### IF YOU HAVE A NEGATIVE BLOOD TYPE

Start attending reputable birth clinics in the first trimester. Work together with your gynecologist to determine if your blood type requires further testing or treatment



### CONNECT WITH THE O NEGATIVE FOUNDATION

Helps Rh negative people who need blood transfusions. You can also donate your blood to save lives.

John Mureithi | WhatsApp +254722575807

## CONNECT WITH THE ALLO HOPE FOUNDATION

[www.allohopefoundation.org](http://www.allohopefoundation.org)

- Antibody testing
- Referral to experienced providers
- Rh Immunoglobulin
- Social support for mothers

**Help is available, you are not alone.**



+254701581491



[rose@allohopefoundation.org](mailto:rose@allohopefoundation.org)